

PLANNING COACHS

2023 / 2024

LUNDI

17H/19H COMPET GAF ANNE LAURE 3°	17H/18H30 LOISIRS GAF OPHELIE	17H30/19H30 COMPET GAM SYLVAIN 3°
17H30/19H30 LOISIRS GAF 2H ANNE/AURIANE/MARGOT	18H30/20H LOISIRS GAF OPHELIE	18H/19H30 LOISIRS GAF ELISE B
19H30/21H LOISIRS GAF MARISSA	19H30/21H30 COMPET GAF OPHÉLIE 3°	19H/21H30 COMPET GAM SEBASTIEN

MARDI

17H/18H30 LOISIRS GAF OPHELIE	17H/18H30 LOISIRS GAF LOLO	
18H30/20H LOISIRS GAF OPHELIE	18H/19H30 LOISIRS GAF GLADYS	18H/20H30 COMPET GAF ANNE
20H/22H ADULTES RM OPHELIE	19H/21H30 COMPET GAF ANNE-LAURE 2&3	

MERCREDI

	10H30/11H15 BEBE GYM OPHELIE	
11H/12H EVEIL ANNE-LAURE	11H15/12H15 EVEIL OPHELIE	
13H30/16H COMPET GAF ANNE-LAURE 1	13H30/16H COMPET GAF OPHELIE 1	13H30/16H COMPET GAF NONO
16H/18H30 COMPET GAM SYLVAIN	16H/17H30 LOISIRS GAF OPHELIE	
	17H30/19H30 COMPET GAF OPHELIE 2	17H/19H LOISIRS GAM SEBASTIEN
18H/20H LOISIRS GAF ANNE	20H/22H ADULTES OPHELIE	19H/21H30 COMPET GAM SEBASTIEN

SAMEDI MATIN

9H/10H EVEIL MÉLANIE 20	9H/9H45 BEBE GYM CAROLE 15
10H/12H LOISIRS GAM ANTONIN	9H50/10H50 EVEIL CAROLE / MÉLANIE 25
12H/12H45 BÉBÉ MÉLANIE 15	10H55/11H55 EVEIL CAROLE / MÉLANIE 25
	12H/12H45 BEBE GYM CAROLE 15

JEUDI

17H/18H30 LOISIRS GAF OPHELIE 1	17H/18H30 LOISIRS GAF MÉLANIE	17H/19H LOISIRS GAM SEBASTIEN	
18H30/20H LOISIRS GAF OPHELIE	18H30/20H LOISIRS GAF MÉLANIE	19H/21H COMPET GAM SEBASTIEN 3°	18H30/20H30 COMPET GAF ANNE
20H/21H30 LOISIRS GAF OPHELIE	19H/21H30 COMPET GAF ANNE-LAURE 3		

VENDEDI

17H/19H COMPET GAF ANNE-LAURE 1	17H/19H COMPET GAF OPHELIE 1	17H/19H30 COMPET GAM SYLVAIN
18H30/21H COMPET GAF ANNE-LAURE 2	19H/21H30 COMPET GAF OPHELIE 2	18H/20H COMPET GAF NONO
		20H/22H LOISIRS GAF NONO